

Schedule for Tuesday Social Skills Training Group: Fall 2010*

**Wednesday group is held at same time the next day*

<u>Date</u>	<u>Time</u>	<u>Goal/Activities</u>
9/14	4:30-5:30pm	Parent Introduction – Parents only – Parents are introduced to the group, including details of behavior management, specifics about the curriculum, and take-home strategies
9/21	4:30-5:30pm	<i>1st Session Children*</i> : Introduction of group members, Rule Establishment, Empathy - Identification and Expression of Feelings (recognition of signals/triggers)
9/28	4:30-5:30pm	<i>2nd Session Children</i> : Empathy – Reading Social Cues and Building Conversational Skills
10/5	4:30-5:30pm	<i>3rd Session Children</i> : Affect Management – Prevention Strategies
10/12	4:30-5:30pm	<i>4th Session Children</i> : Affect Management – Coping Strategies
10/19	4:30-5:30pm	<i>5th Session Children</i> : Navigating Play – Navigating a Successful Playdate – Choosing the Right Playmate, Being a Good Host/Guest
10/26	4:30-5:30pm	<i>6th Session Children</i> : Navigating Play - Game playing – Taking Turns, Sharing, Following Directions, Managing Conflict
11/2	4:30-5:30pm	<i>7th Session Children</i> : Interpersonal Problem Solving – Learning how to act/prepare in challenging social situations
11/9	4:30-5:30pm	8 th Session Children: Curriculum Review in <u>game format</u>
11/16	4:30-5:30pm	Parent Wrap up - Parents Only : Sharing meeting to review skills, discuss group and student progress (brief weekly progress is shared with parents after each group) and how to maintain and improve skills; discussion of follow-up

If you have any questions, including learning about scheduling of current and future groups please call Behavior Therapy Associates at (732) 873-1212 to speak to Dr. Cooperberg.

Thank you,

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