

Behavior Therapy Associates, P.A.

Towne Park Professional Center
35 Clyde Rd., Suite 101
Somerset, NJ 08873

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Behavioral Parent Training Group - 2011

What: A bi-monthly group (meeting every other week) for parents who live with children who can be argumentative, noncompliant, prone to temper tantrums, and stubborn. The groups will use a cognitive-behavioral approach, which will facilitate the acquisition of parenting skills through the use of techniques, such as problem solving, modeling, and role-playing. Parents will be instructed on how to target their specific child's problematic behaviors. They will then learn to develop and implement effective strategies to reduce these behaviors while increasing the child's socially desirable behaviors.

Group Topics:

- Week 1 - Identification and Measurement of Target Behaviors
- Week 2 - Functions of Behaviors
- Week 3 - Developing and Implementing Antecedent Interventions
- Week 4 - Developing and Implementing Consequence Interventions
- Week 5 - Promoting Generalization across Settings

When: 5-Week Group with 3 different times. Please choose from 1 of the following:
Thursdays 6:30-7:30 pm or 7:45-8:45 pm (starting Feb. 3rd); Wednesdays 10-11 AM (starting Feb. 2nd)

Where: Behavior Therapy Associates, P.A.; 35 Clyde Rd. - Suite 101; Somerset, NJ 08873

For Whom: Parents of children ages 3-18.

Cost: \$150

Conducted By: Groups will be run by Rory A. Panter, Psy.D. Dr. Panter holds a temporary permit to practice psychology and is under the clinical supervision of Steven B. Gordon, Ph.D., ABPP. Dr. Panter has extensive experience working with children of all ages with a variety of diagnoses, including Autism Spectrum Disorders, AD/HD, Anxiety Disorders, and Mood Disorders.

Contact Behavior Therapy Associates to register
732-873-1212
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